

CLIMB® - Children's Lives Include Moments of Bravery



CLIMB®

(Children's Lives Include Moments of Bravery) provides children an understanding of what cancer is and how it is treated, and it allows children to form new friendships and bond with others going through a similar experience. Children learn—"I'm not the only kid in school with a parent who has cancer."

This is a special support program dedicated to the emotional support of children who have parents

or loved ones with cancer. CLIMB® is a free, six week program that is led by the staff at the LMH Oncology Center. It will provide children with:

- Support, tools and understanding to become more comfortable with the process that their loved one is going through.
- The ability to understand and cope with changes they are witnessing and experiencing at home, including physical and emotional changes, shifts in roles among parents and lost time together due to doctor appointments, treatments and increased need for rest.
- The ability to healthfully express their feelings and emotions, which may range from fear, to anger to sadness.

Parents are included in separate discussions to guide them on how to respond to their children's feelings and how to answer difficult questions that their children may ask. CLIMB® will provide parents with:

- Tools to identify and address the effect the disease is having on their children.
- Reduced stress by knowing that their children are getting support and assistance they need to normalize feelings that accompany this "family disease."
- Emotional support from other parents who are dealing with similar issues.

CLIMB-ing with Michelle

LMH's CLIMB® program for children whose loved one's are fighting cancer

LMH Oncology Center's CLIMB® program is named in memory of Michelle Raney and is funded through the generosity of Dick and Khaki Raney



For more information, please contact Liv Frost at 785.505.2807