

Agency-Directed Supports

Personal Care Services (Supportive Home Care) are provided by an Agency (not self-directed by the person receiving services) to assist a person living with someone meeting the definition of family or a child in custody. Family is defined as any person immediately related to the individual. Specifically: Parents (including adoptive parent), grand-parents, spouses, aunts, uncles, sisters, brothers, first cousins and any step-family relationships. These are individualized (one-to-one) services that provide direct assistance with: Daily living / personal adjustment, Attendant care, Assistance with meds that are ordinarily self-administered, Accessing medical care, Supervision / Reporting changes in condition & needs, Extension of therapy services, Ambulation/exercise, Household services essential to health care at home or performed in conjunction with assistance in daily living (such as shopping, preparing meals, bathing, using appliances, dressing, feeding, making bed, laundry, & cleaning the bathroom & kitchen). It is the expectation that individuals who need assistance with instrumental activities of daily living (IADL) tasks receive those supports from informal supports, if available. These informal supports may include relatives or friends that live with the individual and should be relied on for IADL assistance unless there are extenuating or specific circumstances that have been documented in the plan of care. No time will be allowed on the Plan of Care for PCS to complete activities that can be provided by the informal supports. These tasks include but are not limited to the following: lawn care, snow removal, shopping, ordinary housekeeping, laundry, or meal preparation.